



Help Point Nights

**What would it feel like
to make progress that
really matters?**

Monday Nights
open slots 5:30-8:00
October 5th, November 2nd & 30th





**We all come to a point where
we need some help.**

**Life Coaching conversations
give us space to grow.**

No agenda. No advice.

**Just you making progress
in life points that really matter.**

Monday Nights
open slots 5:30-8:00
October 5th, November 2nd & 30th



Is there a point of focus, conflict, or adjustment that you'd like to talk through?

Is there a decision point or growth point that you'd like to move forward in?

Has pressure or conflict been hard to deal with lately?

Monday Nights
open slots 5:30-8:00
October 5th, November 2nd & 30th





Consider scheduling a **40-minute** session during our Help Point Coaching Nights. These nights are designed for our church family, and are open to individuals and couples. We'll have an in-person coaching space available at the church, as well as a video call option. Pastor Eric will be leading as he serves on our Pastoral Team while also holding a life coach certification.

Monday Nights open slots 5:30-8:00

